	ART CLASSES & WORKSHOPS		FITNESS			CLUBS & CARDS
	Clay & Glaze Intermediate/Skilled* November 4 - January 13 Noon - 3 p.m.  Forest Winter Luminaries January 13 9:30 - 11 a.m.	MOM	Fitness Foundations  8:45 - 9:30 a.m. (No class January 20)	Restore Your Core* December 16 - January 27 10 -11 a.m. (No class January 20)	N	Bagel Boys 10:30 - noon (No meeting January 20) Social Bridge
	Clay & Glaze Winter Cardinal Intermediate/Skilled* on a Pizza Pan January 7 - 28 January 7 9 a.m noon 1:30 - 3 p.m. Wrap-up Workdays	TUE	Circuit Training 8:45 - 9:30 a.m.  Absolute Beginner Line Dancing*  Beginner Line Dancing*  January 7 - 28 1:30 - 2:30 p.m.  Intermediate Line Dancing*	MOM	Noon - 4 p.m.  Golden Gals 1 - 2 p.m. (No meeting January 20)	
	January 14 Noon - 1:30 p.m.		January 7 - 28 12:45 - 1:30 p.m.	January 7 - 28 2:30 - 3:30 p.m.	1	<b>Mah Jongg</b> Noon - 4 p.m.
	Clay & Glaze Basics Color Theory for Beginners January 8  9:30 - 10:30 a.m.  Beginner Acrylic Techniques: Color Theory for Beginners January 15 10 a.m noon	** Flappy EW year **		Myear **	WED	Book Club 2:30 - 3:30 p.m. January 15 Pinochle
		WED	Fitness Foundations 8:45 - 9:30 a.m. (No class January 1)	Seated Strength Training 9:45 - 10:30 a.m. (No class January 1)	>	Noon - 4 p.m. (No meeting January 1)
	10:30 a.m 12:30 p.m. 9:30 - 11 a.m.  Intermediate Acrylic Painting - Folk Artists*  January 2 - 30, 10 a.m 1 p.m.	TH	Flex & Intro Balance S:45 0:30 a.m.  January 9	ntro to umming ary 9 & 23 alically 19 Balance 1:45 - 2:30 p.m.		Common Grounds Social Club 10 - 11:30 a.m. Canasta Noon - 4 p.m.
	Intermediate Acrylic Painting - Folk Artists*  January 3 - 31, 10 a.m 1 p.m.	FR	<b>Circuit Tr</b> 8:45 - 9:3	•	FR	<b>Members Only - Open Building</b> Noon - 4 p.m.

Sexton Hall | 2115 Chloe Road | Cumming, Georgia 30041 Forsyth County Senior Services | (770) 781-2178 | www.forsythco.com/seniors

	January		JOACO		Tan Atomitity Salomaal		
	LIFELONG LEARNING CLASSES				COMMUNITY & GARDEN	SPECIAL EVENTS	
MON	Protecting Your Personal Information Online January 13 11:15 a.m 12:30 p.m.		Cloud Storage January 27 11:15 a.m 12:30 p.m.		Garden & Nature Presentation - DIY in the Garden January 6, 10 - 11:30 a.m.	Snowball Bingo Wednesday, January 8 1 - 3 p.m.	
111	Intro to the Dulcimer  January 7 - 28  10 - 11:30 a.m.  What's New at  Northside Forsyth  Smartphones at a Glance January 21 11:15 a.m 12:30 p.m. Healthy Year; Healthy Ye		at a Glance January 21	TUE	Coffee with a Cop January 7 Noon - 12:45 p.m.	<b>Decades Dance*</b> Wednesday, January 22 1 - 3 p.m.	
TUE			•		Daylily Dreaming	TRIPS	
	January 1 Noon - 12:45	4	Healthy Year; Healthy You January 28 Noon - 12:45 p.m.		January 22 11 a.m noon	<b>Exhibit Hub - Titanic &amp; Van Gogh</b> Wednesday, January 15 9 a.m 3:45 p.m.	
WED	Travel Group - Travel to Central & South America  January 8		Noon - 12:45 p.m.  Potpourri of Metaphysical Insights January 8, 15 & 29		Library Resources January 22 11:30 a.m 12:30 p.m.	Crawford Long Museum - Jefferson Wednesday, January 29	
	1 - 2:30 p.r	m. 10	10:30 - 11:30 a.m.		IMPORTANT INFORMATION	9 a.m 3:45 p.m.	
	Affordable	Estate	The Brain's Best Diet January 16 Noon - 12:45 p.m.		KEY:	HIKES	
THO	Home Internet January 9 Noon - 1:15 p.m.	<b>Planning</b> January 9 1:30 - 2:30 p.m.			Hybrid Programs Offered in-center and online	<b>Qualifying Hike</b> Wednesday, January 8 10:30 a.m 12:30 p.m.	
Ė	Tech: Monthly Q & A January 16 1 - 1:30 p.m.	Connecting to the Internet January 23 Noon - 1:15 p.m.	How to Choose a New Computer January 30 Noon - 1:15 p.m.		*See newsletter for pricing  Membership Benefits  Annual Membership includes	Little Mulberry Park - Dacula Wednesday, January 22 8 a.m 4 p.m.	
FRI	Longevity: Insights from the Blue Zones		access to our two locations, each providing unique programming. Annual membership is \$60 for individuals, \$40 for each additional household member		Center Closure Dates: Wednesday, January 1		



9:45 - 10:45 a.m.

& Monday, January 20



\$40 for each additional household member.