


ART CLASSES & WORKSHOPS		FITNESS		CLUBS & CARDS	
MON	Clay & Glaze Intermediate/Skilled* September 9 - October 21 Noon - 3 p.m. Crafty Creations* Gnome Foliage Door Décor October 14 9:30 - 11 a.m.	MON	Fitness Foundations 8:45 - 9:30 a.m. Restore Your Core* October 7 - 28 10 - 11 a.m.	MON	Bagel Boys 10:30 - noon Social Bridge Noon - 4 p.m. Golden Gals 1 - 2 p.m.
TUE	Clay & Glaze Intermediate/Skilled* October 8 - 29 9 a.m. - noon Crafty Creations* Wine Cork Pumpkin October 1 1:30 - 3 p.m. Wrap-up Workdays October 8 & 22 Noon - 1:30 p.m.	TUE	Circuit Training 8:45 - 9:30 a.m. Absolute Beginner Line Dancing* October 8 - 29 12:45 - 1:30 p.m. Beginner Line Dancing* September 10 - October 29 1:30 - 2:30 p.m. Intermediate Line Dancing* September 10 - October 29 2:30 - 3:30 p.m.	TUE	Mah Jongg Noon - 4 p.m.
WED	Clay & Glaze Basics October 9 9:30 - 10:30 a.m. Jewelry Workshop* October 23 & 30 11 a.m. - 1 p.m. Beginner Acrylic Techniques Brush Care October 9 Noon - 2 p.m. Color Theory for Beginners October 16 Noon - 2 p.m.			WED	Book Club October 16 2:30 - 3:30 p.m. Pinochle Noon - 4 p.m.
THU	Intermediate Acrylic Painting - Things that Fly* September 12 - October 24, 10 a.m. - 1 p.m.	THU	Flex & Balance 8:45 - 9:30 a.m. Intro to Drumming October 10 & 24 10:45 - 11:15 a.m. Flex & Balance 1:45 - 2:30 p.m. (No class October 31)	THU	Common Grounds Social Club 10 - 11:30 a.m. Canasta Noon - 4 p.m.
FRI	Intermediate Acrylic Painting - Things that Fly* September 13 - October 25, 10 a.m. - 1 p.m.	FRI	Circuit Training 8:45 - 9:30 a.m.	FRI	Members Only - Open Building Noon - 4 p.m.



LIFELONG LEARNING CLASSES

MON	AI Image Generators October 7 11:45 a.m. - 1 p.m.	Everyday Uses of AI October 21 10:30 - 11:45 a.m.
	Intro to the Dulcimer September 10 - October 15 10 - 11:30 a.m.	Depression & Seasonal Affective Disorder October 22 1:45 - 2:30 p.m.
TUE	Tech: Monthly Q & A October 1 Noon - 12:30 p.m.	Ghost Hunting 101 October 29 Noon - 12:45 p.m.
	Staying Home vs. Moving into a Retirement Community October 8 1:45 - 3:45 p.m.	
WED	Travel Group - Solo Travel October 2 1 - 2:30 p.m.	AARP Smart Driver™* October 9 9 a.m. - 4 p.m.
		Navigating Family Feuds and Wealth Transfer October 30 10:30 - 11:30 a.m.
THU	Finding Information Online October 3 Noon - 1:15 p.m.	Breast Cancer Awareness October 17 Noon - 12:45 p.m.
	Voting 101 October 10 Noon - 1 p.m.	Using Fact Checking Sites October 24 Noon - 1:15 p.m.
FRI	Medicare Open Enrollment October 18 Noon - 12:45 p.m.	

COMMUNITY & GARDEN

MON	Garden & Nature Presentation - Plant Out Your Year October 7, 10 - 11:30 a.m.
TUE	Coffee with a Cop October 1 Noon - 12:45 p.m.

IMPORTANT INFORMATION

KEY:
 **Hybrid Programs**
 Offered in-center and online
 *See newsletter for pricing

Membership Benefits
 Annual Membership includes access to our two locations, each providing unique programming. Annual membership is \$60 for individuals, \$40 for each additional household member. That breaks down to only \$5 a month or less for tons of fun!

Get to Know Forsyth:
Martin Marietta Quarry
 Monday, October 21
 9:30 a.m. - 12:30 p.m.
 Bus Transportation
 Departs from Sexton Hall

SPECIAL EVENTS

Bisqueware Showcase Celebration Friday, October 4 2 - 3 p.m.
Across the Pond - A Journey Through Sound Sunday, October 13 3 - 5 p.m.
Document Shredding Event Wednesday, October 16 11 a.m. - 1 p.m.
Halloween Party Thursday, October 31 1 - 3 p.m.

TRIPS

Helen, GA Shopping Trip Wednesday, October 2 9 a.m. - 3:30 p.m.	Blue Ridge Scenic Railway Wednesday, November 1 7:30 a.m. - 5 p.m.
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HIKES

Fort Mountain - Chatsworth Wednesday, October 9 8 a.m. - 4 p.m.	Akers to Paces - Atlanta Wednesday, October 23 10:30 a.m. - 4 p.m.
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OUTDOOR ADVENTURE

Archery Thursday, October 17 & Thursday, October 24 1 - 2 p.m. • Held at Sexton Hall

